

# ADULT TENNIS LESSONS

Join us on the courts this summer! Develop your tennis skills, get in shape, or just join us for the fun of it! All sessions are two weeks in duration for a total of 8 lessons. Classes meet Monday through Thursday with Friday designated as makeup days for rainouts. Space is limited! Loaner rackets are available. **Ages 16 and up**

## Adult Beginner

**The Basics: Forehand, backhand, serve and scoring**

*Location: Juanita High School Tennis Court,  
10601 NE 132nd St., Kirkland  
Resident \$66 / Non-Resident \$79*

Mon-Thur	5-6pm	June 22-July 2	44594
Mon-Thur	5-6pm	July 6-July 16	44595
Mon-Thur	5-6pm	July 20-July 30	44596
Mon-Thur	5-6pm	Aug 3-Aug 13	44597
Mon-Thur	5-6pm	Aug 17-Aug 27	44598

## Adult Intermediate

**Fine-tuning basics, specialty strokes and game strategy**

Presently can sustain a short rally, knows how to serve and start play as well as an understanding of scoring

*Location: Juanita High School Tennis Court,  
10601 NE 132nd St., Kirkland  
Resident \$66 / Non-Resident \$79*

Mon-Thur	6:05-7:05pm	June 22-July 2	44589
Mon-Thur	6:05-7:05pm	July 6-July 16	44590
Mon-Thur	6:05-7:05pm	July 20-July 30	44591
Mon-Thur	6:05-7:05pm	Aug 3-Aug 13	44592
Mon-Thur	6:05-7:05pm	Aug 17-Aug 27	44593

## Adult Advanced

**Dynamic Footwork, Advanced Drills and Game Strategies**

Can keep up a rally with moderate pace and spin, comfortable with volleying and has a consistent serve.

*Location: Juanita High School Tennis Court  
10601 NE 132nd St., Kirkland  
Resident \$66 / Non-Resident \$79*

Mon-Thur	7:10-8:10pm	June 22-July 2	44599
Mon-Thur	7:10-8:10pm	July 6-July 16	44600
Mon-Thur	7:10-8:10pm	July 20-July 30	44601
Mon-Thur	7:10-8:10pm	Aug 3-Aug 13	44602
Mon-Thur	7:10-8:10pm	Aug 17-Aug 27	44603

## Ice Skating ALL AGES!

Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Whether you are a beginner or would like to enhance your present skill level, we encourage children and adults to join. Students will be divided into their skill level and age level. Skates provided, helmets highly recommended.

**SEE PAGE 31**

## Golf Instruction

Learn to play golf in the comfortable atmosphere of the Redwood Golf Center in Woodinville. A PGA instructor teaches group lessons. Learn basic golf, grip stance, swing, rules and etiquette. By the end of this 4-part series you will be able to play on the golf course. Bring your own clubs or try the Golf Center's demo clubs.

*Location: Redwood Golf Center, 13029 Redmond-Woodinville Rd NE, Woodinville • Min 6 / Max 12 • 4 classes*

*Sr Resident \$89 / Sr Non-Resident \$99*

*Non-Sr Resident \$97 / Non-Sr Non-Resident \$119*

Fri	10-11am	April 3-24	44710
Fri	10-11am	May 1-22	44711
Fri	10-11am	June 5-26	44712
Fri	10-11am	July 3-24	44713
Fri	10-11am	Aug 7-28	44714

## OPEN GYM SUNDAYS

Basketball and Volleyball courts available. Individuals or teams welcome.

**Sundays • 5-8pm**

**Kamiakin Middle School**  
14111 132nd Ave NE, Kirkland

April 12 - June 7th

No open gym: May 25th

**\$4.00 per person**

Includes Sales Tax

**BILLS OVER \$10 NOT ACCEPTED**

Call 425.587.3335 for gym closure info. 18 and older.



# SOFTBALL LEAGUES

\* WA State sales tax will be collected \*

## SPRING SOFTBALL

Registration begins: February 2nd (registration closes when full or deemed necessary)

This spring league will consist of **14 games in 7 weeks for the men's low/mid and COED divisions. Men's upper division season will be 16 games in 8 weeks of play.** All divisions include one-week of playoffs for the top four teams in each division. The season will span from May through mid-July. Prizes will be awarded for the regular season champion as well as the playoff tournament winner.

### MEN'S LOW/MID DIVISION (Class D/C)

8 team maximum

This division is for teams with average skill level. Games are played on Sunday and Monday evenings.

14 games • **Team Fee: \$832.20** (includes sales tax)

7DH May 3–July 6 Crestwoods Field 44095

### MEN'S UPPER DIVISION (Class B/C)

8 team maximum

Our most competitive division composed of teams with above average skill. Game nights are Tuesday and Wednesday nights.

16 games • **Team Fee: \$946.08** (includes sales tax)

8DH May 6–June 25 Crestwoods Field 44096

### COED REC DIVISION (Class D)

6 team maximum

Our COED division is an open division available to teams of all skill levels. Games are Sunday late mornings/early afternoons.

14 games • **Team Fee: \$832.20** (includes sales tax)

7DH May 3–July 12 Crestwoods Field 44097



## LATE SUMMER/FALL SOFTBALL

Registration begins: February 2nd (registration closes when full or deemed necessary)

Summer league will stretch into early fall and consist of 14 games in 7 weeks of play with one-week of playoffs for the top 4 teams in each division. Games will be played “under the lights” at Lee Johnson Field (Peter Kirk Park). Prizes will be awarded for the regular season champion as well as the playoff tournament winner.

### MEN'S LOW/MID DIVISION (Class D/C)

8 team maximum

This division is for teams with average skill level. Games are played on Monday and Tuesday evenings.

**Team Fee: \$832.20** (includes sales tax)

7DH July 20–Sept 15 Lee Johnson Field 44110

### MEN'S UPPER DIVISION (Class B/C)

8 team maximum

Our most competitive division composed of teams with above average skill. Game nights are Wednesday and Thursday nights.

**Team Fee: \$832.20** (includes sales tax)

7DH July 22–Sept 10 Lee Johnson Field 44111

### COED REC DIVISION (Class D)

6 team maximum

Our COED division is an open division available to teams of all skill levels. Games are Sunday late mornings/early afternoons.

**Team Fee: \$832.20** (includes sales tax)

7DH July 19–Sept 13 Lee Johnson Field 44112

## AGE 55+ SOFTBALL RECRUITMENT IS IN FULL SWING!

See page 68 or call Rich Mialovich 425.827.1109

# VOLLEYBALL LEAGUES



## ADULT INDOOR VOLLEYBALL LEAGUE Age 18+

The season consist of seven weeks of regular season play with two weeks of playoffs, one week guaranteed. Matches are played at either Emerson High or Kamiakin Middle School. See details below.

**TEAM FEE: \$328.50** (includes sales tax)

## ADULT BEACH VOLLEYBALL LEAGUE Age 18+

The league is self-officiated with six weeks of play and one week of playoffs for the top four teams. Matches are played at Juanita Beach. See the league details below.

**TEAM FEE: \$240.90** (includes sales tax)

### UPPER DIVISION BB

For teams with intermediate to above average skill level, have an in-depth knowledge of offensive and defensive game play and can use advanced strategies to be successful.

### LOWER DIVISION B

For teams with average to intermediate skill level meaning more advanced than a beginner. Players understand the game and are able to perform some of the necessary skills required to be successful.

### COED C DIVISION

Our least competitive division that's great for beginners who are learning the rules or those still improving their fundamental skills.

#### Women's Upper Division BB Level

<b>INDOOR</b>	Mon	Apr 13–June 15	7:15 or 8:20pm	43664
<b>BEACH</b>	Mon	July 6–Aug 10	6:15 or 7:30pm	44091

#### Women's Lower Division B Level

<b>INDOOR</b>	Mon	Apr 13–June 15	7:15 or 8:20pm	43665
<b>BEACH</b>	Wed	July 8–Aug 12	6:15 or 7:30pm	44093

#### Co-Ed Upper Division BB Level

<b>INDOOR</b>	Tue	Apr 14–June 9	8:20 or 8:40pm	43666
<b>BEACH</b>	Tue	July 7–Aug 11	6:15 or 7:30pm	44092

#### Co-Ed Lower Division B Level

<b>INDOOR</b>	Tue	Apr 14–June 9	8:20 or 8:40pm	43667
<b>BEACH</b>	Thur	July 9–Aug 1	6:15 or 7:30pm	44094

#### Co-Ed C Division

<b>INDOOR</b>	Wed	Apr 15–June 10	8:20pm	43668
---------------	-----	----------------	--------	-------

#### Free Agent Team, Co-Ed C Division Only

<b>INDOOR</b>	Wed	Apr 15–June 10	8:20pm	43669
---------------	-----	----------------	--------	-------

**NEW! Adult 7 v. 7**

# SOCCER LEAGUE

### Men's Open & Co-Ed Rec • Ages 18+

Join us for the first ever Kirkland adult soccer league! We will offer both a COED and men's division. Games will be played on Tuesdays for the COED division and Thursdays for the men's division. Start times will be at either 6:00 or 7:15pm. Games officiated by WSASA. All participants must possess a WSASA Player Card and must present it to the game official before game time. Season is 8 weeks plus one week of playoffs.

**Location: 132nd Square Park • Team Fee: \$650** (incl. tax)

#### Co-Ed Rec Division – 18+

Tue	6 or 7:15pm	June 23–Aug 18	45731
-----	-------------	----------------	-------

#### Men's Open Division – 18+

Thur	6 or 7:15pm	June 25–Aug 20	45732
------	-------------	----------------	-------



For more information on our adult sport league offerings, log on to [www.kirklandwa.gov/athletics](http://www.kirklandwa.gov/athletics)

Or LIKE our Facebook page [www.facebook.com/kirklandsportsleagues](http://www.facebook.com/kirklandsportsleagues)